

ADMISSION TO HOSPITAL

- The hospital will advise you of admission time and fasting instructions. As a general rule:
 - **AM Surgery:** Nothing to eat or drink (not even water) from midnight the night before your surgery
 - **PM Surgery:** Nothing to eat or drink (not even water) from 7am on the day of your surgery
 - You may take your usual medications (not diabetic or blood-thinning medications) at 6am with a sip of water and this will not affect your fasting time
- You need to bring a list of all your current medications and all relevant Xrays/scans with you to the hospital when you are admitted

DISCHARGE FROM HOSPITAL

- Depending on your procedure and initial recovery, you may be discharged from hospital on the same day or following day(s)
- You are not allowed to drive for 24 hours following an anaesthetic so please make arrangements for someone to drive you home
- You will be given on discharge
 - A script for relevant medication that needs to be taken
 - A post-operative instruction sheet
 - Arrangements for your review in the rooms

If there are any enquiries, please contact Dr Michael Elliott's rooms on 02 8355 7940.